

INTRODUCTION TO PALLIATIVE CARE

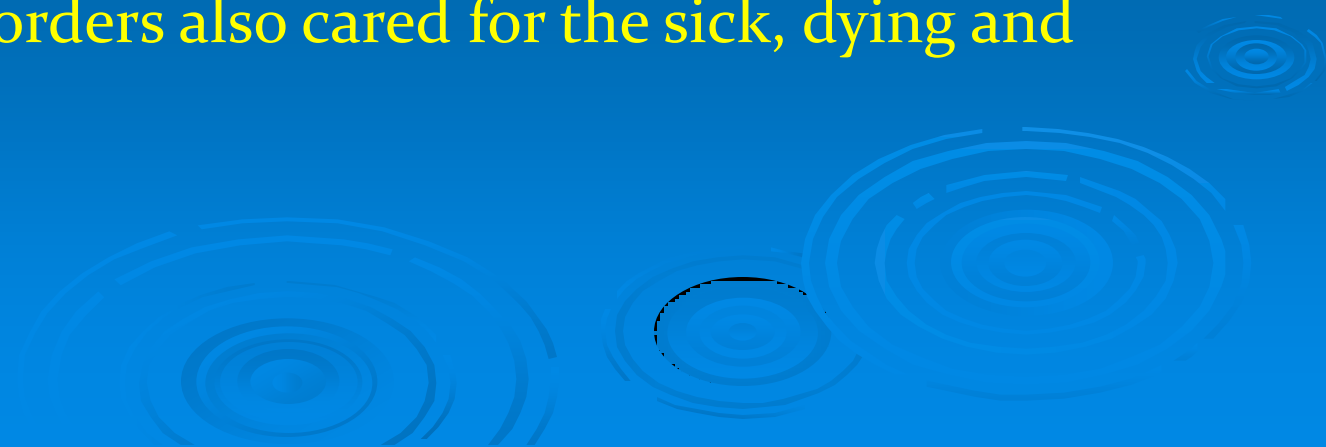
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Hospice.

•HOS : Host.
•PIS : Guest.

- A Place where pilgrims and travellers could find food and refuge.
- The Religious orders also cared for the sick, dying and destitute.



History.

- Syrian hospices.
- Early 4th Century.

?When
Fabiola (Roman Matron)
'Christian works of mercy.'

- 11th Century.
- 1842.
- 1879

Jerusalem.
Mme. Jeanne Garnier.
(Lyons- France)
Our Lady's Hospice
(Dublin.)

History -2.

- 1905. St. Josephs Hospice, Hackney.
- 1967. St. Christopher's Hospice. Organised Development.
- 1950+

Independent Hospices, Marie Curie Services , Sue Ryder Homes, Clinical Specialist Nurses, IPU, Day Hospice, Hospice at Home.

Abbas SQ, Abbas SZ. Palliative medicine, an emerging discipline. JPMA 2002; 52: 129-131

Palliative Medicine.

- An approach which improves **QUALITY OF LIFE** of **PATIENTS** and their **FAMILIES** facing **LIFE-THREATENING ILLNESS** through prevention and **RELIEF OF SUFFERING** by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.

➤ From April until March of last year, we admitted 295 patients, to the in-patient unit.

177 of those were new to the service.

163 patients had primary diagnosis of cancer.

Of the 14 others, they had conditions such as, MND, MS , CCF and COPD.

For complex symptom management, such as:

- Pain Management
- Nausea and vomiting
- Psychological support
- Intermittent Intestinal Obstruction
 - Breathlessness
 - Agitation & Restlessness