

St Clare Hospice 10k Fun Run
St Clare Hospice 10k Fun Run 2009

Sunday 5 April 2009. 10:30 am

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
1	0:32:24	BLOOMFIELD, Chrispian	Billericay Striders	Senior Men	03:14.4	922	1
2	0:33:48	BURGOYNE, Chris	Springfield Striders	Senior Men	03:22.8	270	2
3	0:34:29	THATCHER, Noel	Harlow Running Club	Men Vet 40	03:26.9	1	3
4	0:34:53	PROSSER, Steven	Bishop Stortford	Senior Men	03:29.3	211	4
5	0:35:03	REVELL, Justin	Harlow Running Club	Senior Men	03:30.3	520	5
6	0:35:43	BETHELL, Jared		Senior Men	03:34.3	105	6
7	0:37:03	MORAGHAN, Andrew		Senior Men	03:42.3	166	7
8	0:37:14	FRITH, Adam	Ware Joggers	Senior Men	03:43.4	966	8
9	0:37:27	WALLIS, Johnny (Superstar)	Woodford Green	Men Vet 40	03:44.7	911	9
10	0:37:54	ADKINS, Peter		Senior Men	03:47.4	297	10
11	0:37:59	GAMMON, Sharon	Ware Joggers	Women vet 45	03:47.9	559	11
12	0:38:06	MANGLESHOT, Larry	Woodford Green	Men Vet 40	03:48.6	220	12
13	0:38:14	LANAHAN, Andrew		Men Vet 40	03:49.4	902	13
14	0:38:14	BROUGHTON, Alan	Harlow Running Club	Men Vet 40	03:49.4	283	14
15	0:38:24	KENYON-MUIR, Nick	Ware Joggers	Men Vet 40	03:50.4	24	15
16	0:38:34	STEVEN, Roy	Harlow Running Club	Men Vet 50	03:51.4	282	16
17	0:38:44	MACKENZIE, Steve	Harlow Running Club	Men Vet 40	03:52.4	279	17
18	0:38:45	COLE, Leo		Men Vet 40	03:52.5	44	18
19	0:38:46	PICKERING, Thomas	Ware Joggers	Senior Men	03:52.6	98	19
20	0:38:52	HILL, Justin	Ware Joggers	Men Vet 40	03:53.2	238	20
21	0:39:07	TOFTS, Godfrey	Royston Runners	Men Vet 40	03:54.7	149	21
22	0:39:31	STEVENS, Mark		Men Vet 40	03:57.1	75	22
23	0:39:47	KENT, Glen	Phoenix Striders	Men Vet 50	03:58.7	53	23
24	0:39:54	HAIGH, Jason	Harlow Running Club	Senior Men	03:59.4	207	24
25	0:40:02	DANIEL, Lee		Senior Men	04:00.2	201	25
26	0:40:04	MCCARTHAY, Barney		Senior Men	04:00.4	36	26
27	0:40:24	CLARK, Louis	Serpentine Running Club	Senior Men	04:02.4	117	27
28	0:40:29	TERRELL, Andrew	Harlow Running Club	Senior Men	04:02.9	228	28
29	0:40:37	GREEN, Paul	Royston Runners	Men Vet 50	04:03.7	150	29
30	0:40:44	AYLING, David	Harlow Running Club	Senior Men	04:04.4	933	30
31	0:40:47	COSTER, Neil		Senior Men	04:04.7	101	31
32	0:40:47	SANDERSON, Glenn		Senior Men	04:04.7	141	32
33	0:41:07	STONE, Benjamin		Senior Men	04:06.7	293	33
34	0:41:11	SMITH, John	Hunts AC	Senior Men	04:07.1	957	34
35	0:41:12	EVANS, John	Harlow Running Club	Senior Men	04:07.2	217	35
36	0:41:16	STEADMAN, Jon	Harlow Running Club	Senior Men	04:07.6	287	36
37	0:41:25	MILES, Lloyd		Men Vet 40	04:08.5	143	37
38	0:41:37	ADKINS, Daniel		Men Vet 40	04:09.7	296	38
39	0:41:44	PARTRIDGE, Roger	Ware Joggers	Men Vet 40	04:10.4	95	39
40	0:41:45	CROLY, Thomas	Harlow Running Club		04:10.5	123	40
41	0:41:46	ROGERS, Jack		Senior Men	04:10.6	226	41
42	0:41:51	ROSE, Anthony	Ware Joggers	Men Vet 40	04:11.1	285	42
43	0:41:52	BUTLER, Raymond		Senior Men	04:11.2	16	43
44	0:41:56	SMITH, Wesley		Men Vet 40	04:11.6	246	44
45	0:42:07	AMBROX, Stephen	Harlow Running Club	Men Vet 40	04:12.7	289	45
46	0:42:13	CONNOLLY, Ray		Senior Men	04:13.3	169	46
47	0:42:17	BURNS, Robert	Leigh-on-sea Striders	Men Vet 50	04:13.7	57	47
48	0:42:19	GODBOLD, Alamn	MPAA	Men Vet 40	04:13.9	56	48
49	0:42:22	JEPHCOTT, Jamie	Harlow Running Club	Men Vet 40	04:14.2	213	49
50	0:42:23	MANN, Andrea	Garden City Runners	Women vet 35	04:14.3	533	50
51	0:42:25	PELLECCHIA, Pasquale	Harlow Running Club	Men Vet 50	04:14.5	905	51
52	0:42:27	MCCREE, Danny		Senior Men	04:14.7	42	52
53	0:42:29	LANGRIDGE, Steven		Senior Men	04:14.9	252	53
54	0:42:33	JAY, Carinne	East London Runners	Women vet 35	04:15.3	414	54
55	0:42:37	NICHOL, John	Bishop Stortford	Men Vet 40	04:15.7	121	55
56	0:42:40	CRISP, Clive	Road Runners Club	Men Vet 50	04:16.0	192	56
57	0:42:42	NEWMAN, Graeme	Benfleet RC	Men Vet 50	04:16.2	93	57

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* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *
 Results produced by St Clare Hospice. Printed by St Clare Hospice on 5 April 2009

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
58	0:42:43	BULL, John	Harlow Running Club	Men Vet 40	04:16.3	47	58
59	0:42:46	CLIFFTON, Justin		Senior Men	04:16.6	58	59
60	0:42:56	DAVIES, Peter		Senior Men	04:17.6	942	60
61	0:42:57	GAYER, David	Heanor rc	Senior Men	04:17.7	233	61
62	0:42:59	HOLST, Neil		Senior Men	04:17.9	927	62
63	0:43:01	WORSDELL, Gary		Senior Men	04:18.1	116	63
64	0:43:03	HARKNETT, Steve	Benfleet RC	Senior Men	04:18.3	209	64
65	0:43:04	HICKMAN, Lee		Men Vet 40	04:18.4	934	65
66	0:43:15	MUGGLETON, Matthew		Senior Men	04:19.5	86	66
67	0:43:21	HART, Gregory		Men Vet 50	04:20.1	88	67
68	0:43:29	LUCK, Jamie	Harlow Running Club	Senior Men	04:20.9	914	68
69	0:43:31	MEADOWS, John		Senior Men	04:21.1	267	69
70	0:43:31	WYNNE, Paul		Senior Men	04:21.1	139	70
71	0:43:33	SANZ, Mark	Ware Joggers	Men Vet 40	04:21.3	925	71
72	0:43:35	WHITE, Rebecca	Saffron Striders	Senior Women	04:21.5	405	72
73	0:43:37	MILLER, Daniel	Dagenham 88 Runners	Senior Men	04:21.7	41	73
74	0:43:37	KERR, Clare	Ware Joggers	Women vet 45	04:21.7	519	74
75	0:43:40	PRIER, Matthew	Dunmow Runners	Senior Men	04:22.0	66	75
76	0:43:52	WELCH, Stuart		Men Vet 40	04:23.2	236	76
77	0:43:55	DAVISON, Tony	Saffron Striders	Men Vet 40	04:23.5	183	77
78	0:43:59	JONES, Carlos		Senior Men	04:23.9	932	78
79	0:44:00	ELLS, Stuart		Senior Men	04:24.0	292	79
80	0:44:02	HAMMOND, Simon		Men Vet 40	04:24.2	126	80
81	0:44:02	FROSTICK, William	Dunmow Runners	Senior Men	04:24.2	251	81
82	0:44:05	NEWMAN, David	Garden City Runners	Men Vet 50	04:24.5	248	82
83	0:44:16	CHEGE, Lawrence		Senior Men	04:25.6	974	83
84	0:44:19	FARLEY, Claire	Ware Joggers	Women vet 35	04:25.9	504	84
85	0:44:21	BINKS, Peter	Bishop Stortford	Senior Men	04:26.1	8	85
86	0:44:22	LIPSKI, Janet	Saffron Striders	Women vet 35	04:26.2	460	86
87	0:44:29	SHERRIFF, Adrian	Bishop Stortford	Men Vet 40	04:26.9	92	87
88	0:44:30	AYLING, Kevin		Senior Men	04:27.0	79	88
89	0:44:37	BLYTH, Kenny	Ware Joggers	Men Vet 50	04:27.7	129	89
90	0:44:38	GREEN, Chris		Senior Men	04:27.8	76	90
91	0:44:38	WHITING, Andrew		Senior Men	04:27.8	948	91
92	0:44:49	THOMAS, Gary		Senior Men	04:28.9	918	92
93	0:44:51	THOMAS, Richard		Senior Men	04:29.1	917	93
94	0:44:56	CROLY, David	Harlow Running Club	Senior Men	04:29.6	124	94
95	0:45:09	WHEELDON, Paul	Springfield Striders	Senior Men	04:30.9	194	95
96	0:45:16	POPE, Robin	Beckenham rc	Senior Men	04:31.6	244	96
97	0:45:18	PICKERING, John	Ware Joggers	Men Vet 50	04:31.8	100	97
98	0:45:18	KING, Mark		Men Vet 40	04:31.8	202	98
99	0:45:19	ALLEN, Jonathon		Senior Men	04:31.9	21	99
100	0:45:20	JOHNSON, Peter		Men Vet 50	04:32.0	946	100
101	0:45:20	CHAPMAN, Daniel	Harlow Running Club	Senior Men	04:32.0	216	101
102	0:45:23	HOLLEYMAN, Craig	Harlow Running Club	Senior Men	04:32.3	923	102
103	0:45:25	HARDMAN, Annette	Ware Joggers	Senior Women	04:32.5	490	103
104	0:45:33	KIRKBY, Robert		Senior Men	04:33.3	272	104
105	0:45:34	MGAUHE, Peter	Pitsea Running Club	Men Vet 50	04:33.4	973	105
106	0:45:38	FOWLER, Jeff	Walthamstow Athletic Club	Men Vet 50	04:33.8	920	106
107	0:45:44	PARRY, Sharon		Women vet 35	04:34.4	433	107
108	0:45:48	JAY, Stephen	East London Runners	Men Vet 40	04:34.8	119	108
109	0:45:57	BERRY, Roger	Walthamstow Athletic Club	Men Vet 60+	04:35.7	250	109
110	0:45:59	MCCOLGAN, Martin		Men Vet 50	04:35.9	172	110
111	0:46:08	BEATTY, Peter	Bishop Stortford	Men Vet 50	04:36.8	219	111
112	0:46:09	CORD, Sue	Woodford Green	Women vet 45	04:36.9	576	112
113	0:46:13	NEL, Sue		Women vet 35	04:37.3	457	113
114	0:46:14	COE, Peter	Ware Joggers	Men Vet 40	04:37.4	94	114
115	0:46:15	FENNER, Paul		Men Vet 40	04:37.5	29	115
116	0:46:18	REYNOLDS, Paula		Women vet 35	04:37.8	369	116
117	0:46:19	WILSON, Alan	Bishop Stortford	Men Vet 60+	04:37.9	963	117

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118	0:46:20	JONES, Dianne	Harlow Running Club	Women vet 35	04:38.0	347	118
119	0:46:30	NICHOLLS, Lynn	Ware Joggers	Women vet 35	04:39.0	525	119
120	0:46:31	LUPPI, Corrado	Bishop Stortford	Senior Men	04:39.1	232	120
121	0:46:37	RISLEY, Darren	Bishop Stortford	Senior Men	04:39.7	175	121
122	0:46:40	HERRINGTON, Katie	Harlow Running Club	Senior Women	04:40.0	462	122
123	0:46:54	FRENCH, David	Ware Joggers	Men Vet 40	04:41.4	171	123
124	0:46:56	BOREHAM, Wayne		Men Vet 40	04:41.6	112	124
125	0:47:06	AUBERT, Silje		Senior Women	04:42.6	437	125
126	0:47:11	FRANKLIN, Paul		Men Vet 40	04:43.1	962	126
127	0:47:11	HARVEY, Jan	Leigh-on-sea Striders	Women vet 35	04:43.1	356	127
128	0:47:16	MACFARLANE, Alex	Metropolitan Police	Men Vet 40	04:43.6	161	128
129	0:47:18	CARLYLE, Stewart		Senior Men	04:43.8	265	129
130	0:47:20	FRANKLIN, Neil		Men Vet 40	04:44.0	965	130
131	0:47:24	SHEA, Tim	Pitsea Running Club	Men Vet 40	04:44.4	63	131
132	0:47:42	INKLEY, Stephen	Saffron Striders	Men Vet 40	04:46.2	140	132
133	0:47:45	OATES, Martin		Senior Men	04:46.5	72	133
134	0:47:50	LARNER, Martin		Men Vet 40	04:47.0	935	134
135	0:47:56	CHOUVERTON, Joanne	Castle Point Joggers	Women vet 35	04:47.6	585	135
136	0:48:00	WREN, James		Senior Men	04:48.0	52	136
137	0:48:02	HILL, Richard		Men Vet 40	04:48.2	214	137
138	0:48:07	PHILLIPS, Will		Senior Men	04:48.7	48	138
139	0:48:11	HOYLE, Marcus		Senior Men	04:49.1	22	139
140	0:48:20	THOMAS, George	Bishop Stortford	Men Vet 60+	04:50.0	190	140
141	0:48:20	WENZEL, Peter	Bishop Stortford	Men Vet 50	04:50.0	164	141
142	0:48:22	SCRIVEN, Kirsten		Senior Women	04:50.2	498	142
143	0:48:23	COLLIER, Martin		Men Vet 50	04:50.3	7	143
144	0:48:31	STYLES, Terry	Herts Phoenix Athletic Club	Men Vet 50	04:51.1	947	144
145	0:48:33	NOORDHUIS, Alex	harpendon arrow runners	Senior Men	04:51.3	274	145
146	0:48:38	SEYMOUR, Derek	Harlow Running Club	Men Vet 60+	04:51.8	144	146
147	0:48:40	DEAN, Ben	Bishop Stortford	Senior Men	04:52.0	165	147
148	0:48:43	BAKER, Kerry	Springfield Striders	Senior Men	04:52.3	545	148
149	0:48:45	HERMITAGE, Aidan		Senior Men	04:52.5	62	149
150	0:48:47	MENTERN, Jason	Ware Joggers	Senior Men	04:52.7	205	150
151	0:48:50	VANE, Tracey		Women vet 45	04:53.0	560	151
152	0:48:51	HOLLAND, Steven		Senior Men	04:53.1	257	152
153	0:48:52	BRETT, Katy	Orion Harriers	Senior Women	04:53.2	386	153
154	0:48:57	HAYWARD, Mike	Castle Point Joggers	Men Vet 40	04:53.7	68	154
155	0:48:59	HYDE, Brian		Senior Men	04:53.9	937	155
156	0:49:00	BUTTERWORTH, Mark		Men Vet 50	04:54.0	928	156
157	0:49:01	HOWES, Janet	Bishop Stortford	Women Vet 55+	04:54.1	495	157
158	0:49:05	FARROW, Michael		Men Vet 50	04:54.5	84	158
159	0:49:12	MURFITT, Neil	halstead road runners	Men Vet 50	04:55.2	271	159
160	0:49:15	SEAGER, Sukhan		Women vet 35	04:55.5	412	160
161	0:49:18	HATCHER, Lauren		Senior Women	04:55.8	385	161
162	0:49:19	LEVEY, Gary	Witham Road Runners	Men Vet 40	04:55.9	198	162
163	0:49:21	HART, Joanne	Ware Joggers	Senior Women	04:56.1	540	163
164	0:49:21	HICKMAN, Dean		Senior Men	04:56.1	253	164
165	0:49:21	RAWLINSON, Ray	Ilford AC	Men Vet 50	04:56.1	906	165
166	0:49:21	REBEL, Stephen		Senior Men	04:56.1	187	166
167	0:49:21	ALDERTON, George		Senior Men	04:56.1	193	167
168	0:49:22	LEVIN, Chris		Senior Men	04:56.2	59	168
169	0:49:29	VOGT, Thomas		Senior Men	04:56.9	938	169
170	0:49:34	NAMAN, Colin	Ware Joggers	Men Vet 50	04:57.4	173	170
171	0:49:39	GREEN, Rob		Senior Men	04:57.9	49	171
172	0:49:46	SWEET, Andrew		Senior Men	04:58.6	277	172
173	0:49:50	HANNAH, Sally	Highgate Harriers	Women vet 35	04:59.0	570	173
174	0:49:54	PICKERING, Nicola	Ware Joggers	Women vet 45	04:59.4	398	174
175	0:49:54	CUNNINGHAM, Phil	Ware Joggers	Men Vet 50	04:59.4	122	175
176	0:49:58	MURRILL, Scott		Senior Men	04:59.8	953	176
177	0:50:01	DARE, James	Reading Road Runners	Senior Men	05:00.1	266	177

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178	0:50:02	SMERDON, Edward		Men Vet 40	05:00.2	46	178
179	0:50:02	PAGE, Bradley		Senior Men	05:00.2	972	179
180	0:50:04	WORRELL, Jeff		Senior Men	05:00.4	926	180
181	0:50:08	CURWOOD, Barbie	Thrift Green Trotter	Senior Women	05:00.8	474	181
182	0:50:08	BASSETT, Vicky		Senior Women	05:00.8	522	182
183	0:50:08	CERAULO, Ella		Senior Women	05:00.8	311	183
184	0:50:11	MCENERY, Richard		Senior Men	05:01.1	215	184
185	0:50:12	SUCKLING, Mike	Ware Joggers	Men Vet 40	05:01.2	263	185
186	0:50:13	HOBIN, David		Men Vet 50	05:01.3	222	186
187	0:50:15	COLE, Karen	Road Runners Club	Women vet 45	05:01.5	444	187
188	0:50:21	MOLD, Susan	Witham Road Runners	Women vet 35	05:02.1	464	188
189	0:50:22	CHUNG, Chi-Rung	Bishop Stortford	Men Vet 50	05:02.2	249	189
190	0:50:26	SAUNDERS, Rob	Ware Joggers	Senior Men	05:02.6	970	190
191	0:50:32	SHARKEY, Colum		Men Vet 40	05:03.2	964	191
192	0:50:36	REYNOLDS, Stuart	Hunts AC	Senior Men	05:03.6	929	192
193	0:50:36	WESTCOTT, Dean		Men Vet 40	05:03.6	276	193
194	0:50:49	ELTON, Brian	Witham Road Runners	Men Vet 40	05:04.9	134	194
195	0:50:52	FRIBBIN, Michael	Havering 90 Joggers	Senior Men	05:05.2	971	195
196	0:50:53	HEART, Louise	Ware Joggers	Senior Women	05:05.3	547	196
197	0:50:55	MATTHEWS, Daryl		Senior Men	05:05.5	78	197
198	0:50:57	MILLARD, Ben		Senior Men	05:05.7	256	198
199	0:51:00	MILLARD, Natasha		Senior Women	05:06.0	531	199
200	0:51:03	LANAHAM, Jasmine		Senior Women	05:06.3	903	200
201	0:51:03	CRISP, Sonia	Road Runners Club	Women vet 45	05:06.3	481	201
202	0:51:04	MOORE, Robert		Men Vet 40	05:06.4	968	202
203	0:51:05	JONES, Pamela	Ilford AC	Women Vet 55+	05:06.5	562	203
204	0:51:06	CARTWRIGHT, Nicki		Women vet 45	05:06.6	480	204
205	0:51:06	CARTWRIGHT, James		Senior Men	05:06.6	240	205
206	0:51:09	MOSCROP, David	Garden City Runners	Men Vet 50	05:06.9	260	206
207	0:51:12	WIMPENNY, Joanna		Senior Women	05:07.2	415	207
208	0:51:14	SAUNDERS, Graham		Senior Men	05:07.4	120	208
209	0:51:17	RUMBLE, Lizzie		Senior Women	05:07.7	564	209
210	0:51:22	VIPIN, Vipin	Harlow Running Club	Men Vet 50	05:08.2	916	210
211	0:51:25	WASTELL, Keith		Men Vet 60+	05:08.5	152	211
212	0:51:25	TOMPKINS, Helen	Pitsea Running Club	Women vet 45	05:08.5	556	212
213	0:51:27	FAIRWAYS, Maria-Louise	Ware Joggers	Women vet 35	05:08.7	448	213
214	0:51:29	SMITH, Vincent		Men Vet 50	05:08.9	907	214
215	0:51:29	RUSSELL, Adrian		Men Vet 40	05:08.9	170	215
216	0:51:29	COE, Ann	Ware Joggers	Women vet 35	05:08.9	396	216
217	0:51:30	SPELLER, Kevin	Ware Joggers	Men Vet 40	05:09.0	138	217
218	0:51:30	CARDNELL, Stephen		Men Vet 50	05:09.0	261	218
219	0:51:30	STOCK, Jan	Ware Joggers	Women vet 45	05:09.0	489	219
220	0:51:39	BRUNT, Benjamin		Senior Men	05:09.9	199	220
221	0:51:40	ST.HELIEN, Colin		Men Vet 40	05:10.0	258	221
222	0:51:42	HEATHCOTE, Chris		Men Vet 40	05:10.2	212	222
223	0:51:42	JOLLY, Stephen		Men Vet 50	05:10.2	153	223
224	0:51:44	MANGLESHOT, Kimberley	Ware Joggers	Women vet 35	05:10.4	503	224
225	0:51:47	BLACKER, Martin	Ware Joggers	Men Vet 40	05:10.7	229	225
226	0:51:50	CHUNG, Joanne	Harlow Running Club	Senior Women	05:11.0	541	226
227	0:51:51	HEATHCOTE, Irene	Bishop Stortford	Women vet 45	05:11.1	493	227
228	0:51:52	NICHOLS, Terry	Ware Joggers	Men Vet 60+	05:11.2	133	228
229	0:51:54	HEWITT, Joanne	Bishop Stortford	Senior Women	05:11.4	454	229
230	0:52:00	SALES, Lisa	Bishop Stortford	Senior Men	05:12.0	423	230
231	0:52:02	SALE, Zara		Women vet 35	05:12.2	499	231
232	0:52:07	KINSELLA, Derek		Senior Men	05:12.7	77	232
233	0:52:07	SLATER, Nick		Men Vet 40	05:12.7	967	233
234	0:52:13	GIBSON, Chris	Saffron Striders	Men Vet 50	05:13.3	13	234
235	0:52:14	ASHWOOD, Rachel		Women vet 35	05:13.4	502	235
236	0:52:16	KLEIJWEIT, Anne	Harlow Running Club	Women vet 35	05:13.6	376	236
237	0:52:19	TASARKAN, Zara		Senior Women	05:13.9	468	237

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238	0:52:19	DAVIES, Sasha		Senior Women	05:13.9	467	238
239	0:52:22	VINER, Jennifer	Ware Joggers	Women vet 45	05:14.2	459	239
240	0:52:23	CRISP, Simone	Havering 90 Joggers	Senior Women	05:14.3	463	240
241	0:52:24	PAGE, Janice		Women vet 45	05:14.4	443	241
242	0:52:25	TIBBETT, David		Senior Men	05:14.5	230	242
243	0:52:29	SAUNDERS, Clair		Senior Women	05:14.9	418	243
244	0:52:31	SHORT, Eugene		Men Vet 50	05:15.1	176	244
245	0:52:37	HAYWARD, Mark		Senior Men	05:15.7	106	245
246	0:52:39	WILLCOX, Ian		Men Vet 40	05:15.9	958	246
247	0:52:41	LINFORD, Brian		Men Vet 60+	05:16.1	43	247
248	0:52:42	WEST-BULFORD, Simon		Men Vet 40	05:16.2	189	248
249	0:52:43	SPILLANE, Kate		Women vet 35	05:16.3	509	249
250	0:52:44	METCALF, William	Basildon	Men Vet 60+	05:16.4	912	250
251	0:52:44	RUSA, Rusa		Women vet 35	05:16.4	579	251
252	0:52:44	CARTER, Sarah	Ware Joggers	Women vet 35	05:16.4	355	252
253	0:52:44	LAWLOR, Orla		Senior Women	05:16.4	536	253
254	0:52:44	GALLO, Alessandro		Senior Men	05:16.4	210	254
255	0:52:46	GRANTHAM, John		Men Vet 50	05:16.6	137	255
256	0:52:46	MORRIS, Sue		Women vet 35	05:16.6	372	256
257	0:52:51	WHITING, Richard	Herts Phoenix Athletic Club	Men Vet 50	05:17.1	111	257
258	0:52:54	CHAPLIN, Phillip	Bishop Stortford	Men Vet 40	05:17.4	227	258
259	0:52:57	ALLEN, Jennifer		Senior Women	05:17.7	312	259
260	0:52:59	MILLER, John		Men Vet 50	05:17.9	147	260
261	0:53:01	GUNNING, Julie	Brentwood Heartbeaters	Women vet 45	05:18.1	537	261
262	0:53:02	MOORE, Terry		Men Vet 40	05:18.2	160	262
263	0:53:03	DE LA COUR, Gary		Senior Men	05:18.3	17	263
264	0:53:08	SHEPHERD, Luke		Senior Men	05:18.8	91	264
265	0:53:10	LOVICK, Simon		Senior Men	05:19.0	85	265
266	0:53:10	NOBLE, Dean		Senior Men	05:19.0	89	266
267	0:53:14	HOWARD, Sarah	Ware Joggers	Women vet 35	05:19.4	548	267
268	0:53:16	EARTHY, Rob		Senior Men	05:19.6	940	268
269	0:53:22	FRENCH, Jon		Senior Men	05:20.2	941	269
270	0:53:29	GOODWIN, Mark		Senior Men	05:20.9	284	270
271	0:53:29	CHADWICK, Lesley		Women vet 35	05:20.9	354	271
272	0:53:31	PAGE, David		Men Vet 40	05:21.1	142	272
273	0:53:32	CROWLEY, Christopher		Senior Men	05:21.2	225	273
274	0:53:34	RALPH, Trevor		Men Vet 50	05:21.4	35	274
275	0:53:35	ELSON, David		Men Vet 40	05:21.5	278	275
276	0:53:43	MIDDLETON, Laura		Senior Women	05:22.3	497	276
277	0:53:46	HOWELL, Emma		Women vet 35	05:22.6	340	277
278	0:53:47	BISHOP, Lisa	Ware Joggers	Women vet 35	05:22.7	486	278
279	0:53:49	COOK, John		Men Vet 40	05:22.9	82	279
280	0:53:49	HUDSON, Phil	Ware Joggers	Men Vet 50	05:22.9	155	280
281	0:53:53	RUMBOLD, Naomi	Bishop Stortford	Women vet 35	05:23.3	542	281
282	0:53:53	WRIGHT, Alexandra		Senior Women	05:23.3	529	282
283	0:54:01	O'BRIEN, Gillian		Senior Women	05:24.1	343	283
284	0:54:03	MORTIMER, James		Senior Men	05:24.3	45	284
285	0:54:03	COURTENAY, Philip		Senior Men	05:24.3	298	285
286	0:54:03	DUNKIN, Chris		Senior Men	05:24.3	910	286
287	0:54:06	POPE, Louise	Royston Runners	Women vet 35	05:24.6	496	287
288	0:54:10	DUFF, Leesa	Royston Runners	Women vet 35	05:25.0	528	288
289	0:54:10	NARDI, Kevin		Senior Men	05:25.0	109	289
290	0:54:14	CAREY, Ken	Pitsea Running Club	Men Vet 60+	05:25.4	37	290
291	0:54:21	STRICKFUSS, Sophie		Senior Women	05:26.1	308	291
292	0:54:21	PETTIFER, Hannah		Senior Women	05:26.1	574	292
293	0:54:26	KEATS, Peter	Ware Joggers	Men Vet 50	05:26.6	14	293
294	0:54:27	MILLER, Michael		Men Vet 60+	05:26.7	97	294
295	0:54:33	ORRELL, Stephanie		Women vet 35	05:27.3	349	295
296	0:54:35	BULL, Alison	Harlow Running Club	Women vet 35	05:27.5	344	296
297	0:54:39	CASSIDY, Christopher		Senior Men	05:27.9	71	297

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298	0:54:44	BROOKS, Spencer		Senior Men	05:28.4	273	298
299	0:54:45	HARRIS, Nigel		Men Vet 40	05:28.5	125	299
300	0:54:47	MURPHY, John		Men Vet 50	05:28.7	259	300
301	0:54:47	LEE, Graham	GP Triathlon	Senior Men	05:28.7	67	301
302	0:54:48	CRESSWELL, Soniah		Women vet 35	05:28.8	389	302
303	0:54:49	O'BRIEN, Paul		Men Vet 40	05:28.9	39	303
304	0:54:53	QUICLE, John		Senior Men	05:29.3	38	304
305	0:54:53	ALDOUS, Paul		Men Vet 40	05:29.3	262	305
306	0:54:55	GREEN, Carol		Women vet 45	05:29.5	323	306
307	0:55:00	DAVIES, Ken		Senior Men	05:30.0	921	307
308	0:55:09	BARNES, Angela		Senior Women	05:30.9	373	308
309	0:55:13	PURKISS, Nigel		Men Vet 40	05:31.3	6	309
310	0:55:15	BONSER, Joanna	Bishop Stortford	Women vet 45	05:31.5	506	310
311	0:55:17	FRANKLIN, Catherine		Women vet 45	05:31.7	577	311
312	0:55:24	CATT, Lorna		Women vet 45	05:32.4	316	312
313	0:55:35	FARRAR, Ian		Men Vet 50	05:33.5	30	313
314	0:55:43	MILLER, Susan	Bishop Stortford	Women vet 45	05:34.3	449	314
315	0:55:49	ALLEN, Keith		Men Vet 40	05:34.9	204	315
316	0:55:50	ASKEW, Ryan		Senior Men	05:35.0	102	316
317	0:55:51	SCHERER, Freddie		Senior Men	05:35.1	156	317
318	0:55:51	MOULE, J		Senior Women	05:35.1	403	318
319	0:55:54	WHITEHEAD, Natalie	Bishop Stortford	Senior Women	05:35.4	494	319
320	0:55:57	WILLIAMS, Clare	Harlow Running Club	Women vet 35	05:35.7	408	320
321	0:55:59	WADDINGHAM, Robert	Ware Joggers	Men Vet 50	05:35.9	237	321
322	0:56:18	HOLLAND, Richard		Senior Men	05:37.8	61	322
323	0:56:19	MARKS, Hayley		Senior Women	05:37.9	363	323
324	0:56:19	KOH, Doris	Framlingham Flyers	Women vet 45	05:37.9	575	324
325	0:56:21	QUINLIVAN, Mick		Men Vet 50	05:38.1	241	325
326	0:56:22	O'BRIEN, Wendy		Senior Women	05:38.2	469	326
327	0:56:25	CLIFFORD, Trevor		Men Vet 60+	05:38.5	103	327
328	0:56:30	SCHOLEY, Helen	Bishop Stortford	Senior Women	05:39.0	428	328
329	0:56:35	WHITBREAD, Kim		Women vet 45	05:39.5	393	329
330	0:56:41	HAMMOND, Sussy		Women vet 45	05:40.1	421	330
331	0:56:46	FOX, Paul	Ware Joggers	Men Vet 50	05:40.6	904	331
332	0:56:49	MONK, Tom		Men Vet 40	05:40.9	128	332
333	0:56:49	BROWN, Jack		Senior Men	05:40.9	167	333
334	0:56:57	WEBB, Andrew		Men Vet 60+	05:41.7	51	334
335	0:57:03	JOHNSON, Sheona	Dagenham 88 Runners	Women vet 35	05:42.3	301	335
336	0:57:06	LOVE, Lewis		Senior Men	05:42.6	157	336
337	0:57:08	DAVID, Christopher		Men Vet 60+	05:42.8	931	337
338	0:57:08	ROBERTSON, Lindsey		Senior Women	05:42.8	422	338
339	0:57:09	LOPES, Steven		Senior Men	05:42.9	185	339
340	0:57:10	LUTON, Paul	Ware Joggers	Men Vet 60+	05:43.0	162	340
341	0:57:12	BORE, Caroline	Harlow Running Club	Women Vet 55+	05:43.2	555	341
342	0:57:20	RAWLINGS, Dave		Men Vet 40	05:44.0	936	342
343	0:57:23	CURRAN, Beverly		Women vet 45	05:44.3	400	343
344	0:57:23	TWINER, Chris		Senior Men	05:44.3	113	344
345	0:57:25	KING, Nikki	Ware Joggers	Senior Women	05:44.5	505	345
346	0:57:30	LARKE, Matthew		Senior Men	05:45.0	127	346
347	0:57:36	WATTS, Milly		Women vet 35	05:45.6	439	347
348	0:57:43	HARWOOD, Gwen	Loughton Athletic Club	Women vet 45	05:46.3	325	348
349	0:57:43	SPRING, Wendy	Harlow Running Club	Women vet 35	05:46.3	382	349
350	0:57:49	CHAMBERLAIN, Jonathon		Men Vet 40	05:46.9	26	350
351	0:57:49	CAMPEL, Julia		Senior Women	05:46.9	527	351
352	0:57:51	ORLOV, Sergoy		Senior Men	05:47.1	944	352
353	0:57:54	GOODWIN, Sarah		Women vet 35	05:47.4	484	353
354	0:57:56	HARDING, Jess		Women vet 35	05:47.6	472	354
355	0:57:59	FOUBISTER, Louise	Royston Runners	Women vet 35	05:47.9	485	355
356	0:58:00	WILLIAMS, Donna	Haringey	Women vet 35	05:48.0	515	356
357	0:58:00	HANCOCK, Katie		Women vet 35	05:48.0	387	357

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358	0:58:09	MILLS, Joanne	Harlow Running Club	Women Vet 55+	05:48.9	378	358
359	0:58:20	HEARN, Barry		Men Vet 60+	05:50.0	178	359
360	0:58:23	JENNE, Christopher		Men Vet 50	05:50.3	951	360
361	0:58:23	SILVER, Matthew		Senior Men	05:50.3	186	361
362	0:58:23	MCDONALD, Sharon		Women vet 45	05:50.3	476	362
363	0:58:29	MCDONALD, John		Men Vet 40	05:50.9	181	363
364	0:58:29	LEWIS, Natalie	Haverhill Running Club	Women vet 35	05:50.9	377	364
365	0:58:29	RATCLIFF, Mark		Men Vet 40	05:50.9	191	365
366	0:58:30	DEARDS, Peter		Men Vet 50	05:51.0	945	366
367	0:58:32	JACK, Carmen		Senior Women	05:51.2	578	367
368	0:58:35	JENNER, Ben		Senior Men	05:51.5	950	368
369	0:58:43	SCOTT, Kevin	Bishop Stortford	Men Vet 40	05:52.3	130	369
370	0:58:47	LAING, Louise		Senior Women	05:52.7	475	370
371	0:58:48	RANDALL, Carol		Women vet 45	05:52.8	491	371
372	0:58:53	WEAVER, Kevin	Ware Joggers	Men Vet 40	05:53.3	247	372
373	0:58:54	SHAW, Trevor		Men Vet 50	05:53.4	943	373
374	0:58:57	BREWER, Glen		Men Vet 40	05:53.7	54	374
375	0:58:58	SEAMAN, Maggie		Women vet 45	05:53.8	466	375
376	0:59:02	BROOKS, David	Vets AC	Men Vet 60+	05:54.2	288	376
377	0:59:18	NULTY, Josephine		Women vet 35	05:55.8	458	377
378	0:59:19	BROWNE, Natasha		Senior Women	05:55.9	521	378
379	0:59:25	KINGSTON, John		Men Vet 40	05:56.5	908	379
380	0:59:25	BAYTON, Garry		Senior Men	05:56.5	919	381
381	0:59:27	KINNEY, Andrew		Men Vet 40	05:56.7	188	382
382	0:59:32	O'CONNOR, Ruth		Women vet 35	05:57.2	345	383
383	0:59:38	CIANO, Fabio		Senior Men	05:57.8	294	384
384	0:59:39	BUTCHER, John	Ware Joggers	Men Vet 60+	05:57.9	243	385
385	0:59:48	SMITH, John	Harlow Running Club	Men Vet 60+	05:58.8	90	386
386	0:59:49	FENNER, Nikki		Women vet 35	05:58.9	324	387
387	0:59:56	HARDY, Amanda		Senior Women	05:59.6	348	388
388	1:00:00	ALLEYNE, Sara		Senior Women	06:00.0	374	389
389	1:00:01	STRINGER, Roy	Ware Joggers	Men Vet 60+	06:00.1	208	390
390	1:00:02	BUTLER, Deb	Harlow Running Club	Women vet 35	06:00.2	417	391
391	1:00:04	COLEMAN, Paula		Women vet 35	06:00.4	404	392
392	1:00:04	HUGGINS, Gary		Senior Men	06:00.4	87	393
393	1:00:06	BILLIMORIA, Bharat		Senior Men	06:00.6	159	394
394	1:00:09	FORD, Andy		Men Vet 40	06:00.9	34	395
395	1:00:10	COONEY, Joanne		Women vet 35	06:01.0	569	396
396	1:00:13	BROOKS, Derek		Men Vet 50	06:01.3	269	397
397	1:00:13	SEDGBEER, Anna	Bishop Stortford		06:01.3	375	398
398	1:00:18	RISLEY, Karren	Bishop Stortford	Senior Women	06:01.8	367	399
399	1:00:18	BAKER, Philip		Men Vet 50	06:01.8	955	400
400	1:00:20	SHEARMAN, Luke		Senior Men	06:02.0	275	401
401	1:00:20	STEVENS, Wendy	Harlow Running Club	Women Vet 55+	06:02.0	535	402
402	1:00:21	KIMBER, Edward		Senior Men	06:02.1	218	403
403	1:00:23	WILLIS, Daniel		Senior Men	06:02.3	151	404
404	1:00:26	SWAIN, Faye		Senior Women	06:02.6	479	405
405	1:00:30	SPRING, Victoria		Women vet 35	06:03.0	552	406
406	1:00:34	RAWLINGSON, Christopher	Dagenham 88 Runners	Men Vet 40	06:03.4	224	407
407	1:00:39	PRICE, Janet		Women Vet 55+	06:03.9	501	408
408	1:00:51	HAYWARD, Jayne	Castle Point Joggers	Women vet 35	06:05.1	368	409
409	1:00:56	KAY, Julie		Women vet 35	06:05.6	571	410
410	1:00:56	GOODCHILD, Denise	Harlow Running Club	Women vet 35	06:05.6	456	411
411	1:01:01	GUNN, Steve		Men Vet 40	06:06.1	930	412
412	1:01:08	BROWN, Steven		Senior Men	06:06.8	299	413
413	1:01:10	LYON, Adam		Senior Men	06:07.0	949	414
414	1:01:16	BARNES, Ruth		Women vet 35	06:07.6	557	415
415	1:01:16	TIERMAN, Elizabeth		Senior Women	06:07.6	530	416
416	1:01:18	LANCELEY, Karen	Brentwood Heartbeaters	Women vet 35	06:07.8	538	417
417	1:01:19	MILLER, David		Senior Men	06:07.9	254	418

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418	1:01:20	MCGUIRE, Kerry-lee	Brentwood Heartbeaters	Women vet 35	06:08.0	539	419
419	1:01:25	ORTON, Juliet		Women vet 35	06:08.5	364	420
420	1:01:25	FINLAY, Alan		Men Vet 40	06:08.5	65	421
421	1:01:26	SMITH, Nicholas		Senior Men	06:08.6	108	422
422	1:01:29	BALYSZ, Simon		Senior Men	06:08.9	281	423
423	1:01:33	HORNE, Arthur		Men Vet 50	06:09.3	107	424
424	1:01:37	JOY, Kathryn		Senior Women	06:09.7	450	425
425	1:01:38	CLIFTON, Debbie		Senior Women	06:09.8	350	426
426	1:01:42	GLEN, Elliott		Senior Men	06:10.2	18	427
427	1:01:46	COWDERY, Claire		Senior Women	06:10.6	383	428
428	1:01:56	FORD, John		Senior Men	06:11.6	10	429
429	1:01:58	HILL, Natalie		Senior Women	06:11.8	425	430
430	1:02:03	CARUS, Louise		Women vet 35	06:12.3	420	431
431	1:02:08	GOLDER, Catherine		Women vet 35	06:12.8	339	432
432	1:02:28	MILLSON, Jennifer		Women vet 35	06:14.8	331	433
433	1:02:30	TAYLOR, Thomas		Senior Men	06:15.0	255	434
434	1:02:38	COOTES, Louise	Harlow Running Club	Senior Women	06:15.8	302	435
435	1:02:58	BUNCE, Janet	Orion Harriers	Women vet 45	06:17.8	510	436
436	1:02:59	WOOD, Fiona		Women vet 35	06:17.9	310	437
437	1:03:06	MATTHEW, Ryan	Harlow Running Club	Senior Men	06:18.6	915	438
438	1:03:10	LUCK, Ron	Harlow Running Club	Men Vet 60+	06:19.0	913	439
439	1:03:29	REDGRAVE, Helen		Senior Women	06:20.9	305	440
440	1:03:30	LENG, Mark		Senior Men	06:21.0	206	441
441	1:03:39	MCLEAN, Tom		Senior Men	06:21.9	956	442
442	1:03:41	SPENCELEY, Georgina		Senior Women	06:22.1	553	443
443	1:03:47	GLEN, Robin		Men Vet 60+	06:22.7	20	444
444	1:03:51	MORRIS, Teresa		Women vet 35	06:23.1	394	445
445	1:03:51	BRETT, Rebecca	Bishop Stortford	Women vet 45	06:23.1	410	446
446	1:03:58	MCSWEENEY, Katie	Leigh-on-sea Striders	Senior Women	06:23.8	307	447
447	1:04:00	FOX, Nick		Senior Men	06:24.0	280	448
448	1:04:02	HAWKINS, Linda	Harlow Running Club	Women vet 35	06:24.2	315	449
449	1:04:03	CARPENTER, Jennifer		Senior Women	06:24.3	500	450
450	1:04:04	DUNN, Liane		Senior Women	06:24.4	482	451
451	1:04:04	TONNA, Sophie		Senior Women	06:24.4	483	452
452	1:04:09	COOMBES, Deborah	Harlow Running Club	Senior Women	06:24.9	337	453
453	1:04:09	MORLEY, Susie		Senior Women	06:24.9	470	454
454	1:04:16	ASHWOOD, Michael		Men Vet 50	06:25.6	242	455
455	1:04:16	WHEATLEY, Samuel		Senior Men	06:25.6	23	456
456	1:04:21	FALL, Tracey		Women vet 35	06:26.1	334	457
457	1:04:23	WIMPENNY, Joanna		Senior Women	06:26.3	304	458
458	1:04:34	DALPHINIS, Julie	Dagenham 88 Runners	Women vet 45	06:27.4	370	459
459	1:04:37	TRUTT, Darren		Senior Men	06:27.7	115	460
460	1:04:39	FORTUNATO, Paul		Senior Men	06:27.9	290	461
461	1:04:45	ASKWITH, Rita		Women Vet 55+	06:28.5	411	462
462	1:04:47	FORTUNATO, Luigi		Men Vet 40	06:28.7	291	463
463	1:04:48	STRICKFUSS, Martin		Senior Men	06:28.8	9	464
464	1:04:56	WADDINGHAM, Margaret	Ware Joggers	Women Vet 55+	06:29.6	543	465
465	1:05:02	BINKS, Debbie	Bishop Stortford	Women vet 35	06:30.2	309	466
466	1:05:06	FOX, Mandy		Women vet 45	06:30.6	473	467
467	1:05:10	HODGE, Zoe		Senior Women	06:31.0	329	468
468	1:05:20	RANDALL, Geraldine		Women vet 35	06:32.0	558	469
469	1:05:20	RANDALL, Steve		Men Vet 40	06:32.0	295	470
470	1:05:27	PEARCE, Mark		Men Vet 40	06:32.7	268	471
471	1:05:45	HILLS, Sara		Senior Women	06:34.5	563	472
472	1:05:52	BUTTERFIELD, Phillip		Senior Men	06:35.2	132	473
473	1:05:54	RUSHTON, Jon	Tyndale Harriers	Men Vet 40	06:35.4	148	474
474	1:05:55	EVANS, Jeanette		Women vet 45	06:35.5	426	475
475	1:05:56	GREAGSBY, Kathryn		Senior Women	06:35.6	568	476
476	1:05:59	DEANE, Aneliese		Women vet 35	06:35.9	514	477
477	1:06:00	LIEF, Paul	Dagenham 88 Runners	Men Vet 40	06:36.0	223	478

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Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
478	1:06:01	CARR, Amanda		Senior Women	06:36.1	336	479
479	1:06:07	WATSON, Sara		Women vet 45	06:36.7	561	480
480	1:06:09	FOX, Jenni		Women vet 35	06:36.9	513	481
481	1:06:09	CARTER, Kerrie		Women vet 35	06:36.9	512	482
482	1:06:19	GOLD, Gabrielle		Women vet 35	06:37.9	416	483
483	1:06:24	AITKEN, Nicola		Senior Women	06:38.4	572	484
484	1:06:24	HART, Leonard		Men Vet 60+	06:38.4	154	485
485	1:06:24	SUCKLING, Tom	Ware Joggers	Senior Men	06:38.4	264	486
486	1:06:26	AITKEN, Michelle		Senior Women	06:38.6	939	487
487	1:06:26	GUINAN, Michael	Harlow Running Club	Men Vet 50	06:38.6	28	488
488	1:06:31	CHESHIRE, Evelyn		Women Vet 55+	06:39.1	435	489
489	1:06:31	CHESHIRE, Joanne		Women vet 35	06:39.1	434	490
490	1:06:37	KNOWLES, Lorraine		Women vet 35	06:39.7	359	491
491	1:06:40	MCCANN, Julie		Women vet 35	06:40.0	333	492
492	1:06:44	PHILLIPS, Karen	Harlow Running Club	Women vet 35	06:40.4	523	493
493	1:06:45	FOWLER, Sean	Harlow Running Club	Men Vet 50	06:40.5	286	494
494	1:06:47	BYRNE, Danielle		Senior Women	06:40.7	352	495
495	1:06:51	NICOLOPOULOS, Chrisoula		Women vet 35	06:41.1	327	496
496	1:07:03	DAVIS, Anna		Senior Women	06:42.3	407	497
497	1:07:09	TYE, Peta		Women vet 45	06:42.9	401	498
498	1:07:19	ACHAL, Jyoti		Senior Women	06:43.9	566	499
499	1:07:19	PRESLAND, Andy	Harlow Running Club	Men Vet 40	06:43.9	961	500
500	1:07:20	JAMES, Anna		Senior Women	06:44.0	351	501
501	1:07:22	DE LA COUR, Leanne		Senior Women	06:44.2	317	502
502	1:07:24	AZIZ, Leila		Senior Women	06:44.4	427	503
503	1:07:30	BRAIN, Brain		Senior Men	06:45.0	975	504
504	1:08:02	POLLARD, Marie		Women vet 45	06:48.2	388	505
505	1:08:02	ALLISON, Rebecca		Women vet 35	06:48.2	391	506
506	1:08:45	ROBINSON, Christine	Bishop Stortford	Women Vet 55+	06:52.5	379	507
507	1:08:45	WILLIAMS, Sarah	Bishop Stortford	Senior Women	06:52.5	413	508
508	1:08:48	POYNTER, Sarah	Bishop Stortford	Senior Women	06:52.8	438	509
509	1:08:48	AMOS, Mary	Bishop Stortford	Women Vet 55+	06:52.8	357	510
510	1:08:53	MOLDON, Roger		Senior Men	06:53.3	19	511
511	1:08:56	LINCOLN, Emma		Senior Women	06:53.6	440	512
512	1:08:58	EVE, Julia		Women vet 45	06:53.8	583	513
513	1:08:58	GWANG, Sun Yan		Women vet 45	06:53.8	582	514
514	1:08:59	AUGUSTINE, Mary	Bishop Stortford	Women vet 45	06:53.9	390	515
515	1:09:48	FREEMAN, Jane		Women vet 35	06:58.8	330	517
516	1:09:48	MOTT, Jade		Senior Women	06:58.8	332	518
517	1:09:48	FREEMAN, Andrew		Men Vet 40	06:58.8	33	519
518	1:09:50	MACENZIE, Yvonne		Women vet 45	06:59.0	361	520
519	1:09:52	JASTRZEMSCA, Gniesekh		Senior Women	06:59.2	581	521
520	1:09:52	TROTT, Brian		Men Vet 50	06:59.2	954	522
521	1:10:17	DE'ATS, Sue	Bishop Stortford	Women vet 45	07:01.7	554	523
522	1:11:30	MAGGIULLI, Melba		Women Vet 55+	07:09.0	567	524
523	1:11:30	MAGGIULLI, Salvalone		Men Vet 50	07:09.0	924	525
524	1:11:30	DALLY, Ryan	Ten-17 fm	Senior Men	07:09.0	158	526
525	1:11:32	SPREADBURY, Andrew		Senior Men	07:09.2	168	527
526	1:11:32	COOK, Sarah		Senior Women	07:09.2	465	528
527	1:11:34	HINSON, Mary		Senior Women	07:09.4	306	529
528	1:11:34	STROUD, Pauline	Bishop Stortford	Women vet 45	07:09.4	461	530
529	1:11:35	STROUD, Sophie		Senior Women	07:09.5	402	531
530	1:11:55	O'MALLEY, Lynn		Women vet 35	07:11.5	328	532
531	1:12:05	HARRIS, Melanie	Harlow Running Club	Women vet 45	07:12.5	507	533
532	1:12:32	WILKINSON, Ben		Senior Men	07:15.2	952	534
533	1:12:32	ARMOUR, Duncan	vegan running club	Men Vet 50	07:15.2	969	535
534	1:12:32	BURKE, Theresa	Bishop Stortford	Women Vet 55+	07:15.2	565	536
535	1:13:58	GWANG, Sun-feng		Men Vet 60+	07:23.8	960	537
536	1:14:03	BARBER, John		Men Vet 50	07:24.3	177	538
537	1:14:14	AITKEN, Susan	Ware Joggers	Women Vet 55+	07:25.4	573	539

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Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race</i>	<i>Race</i>
538	1:14:25	BROOKS, Seoniad	Bishop Stortford	Women Vet 55+	07:26.5	580	540
539	1:14:31	DUFFELL, Jean		Women vet 45	07:27.1	584	541
540	1:14:34	STOCK, Mike	Ware Joggers	Men Vet 60+	07:27.4	195	542
541	1:14:35	HAYWOOD, John	Ware Joggers	Men Vet 60+	07:27.5	174	543
542	1:15:01	SPROAT, Emma		Senior Women	07:30.1	550	544
543	1:15:14	KENT, Jacqueline		Senior Women	07:31.4	303	545
544	1:15:37	HASTE, Mark		Senior Men	07:33.7	131	546
545	1:15:47	BARBER, Jeanette		Women vet 35	07:34.7	471	547
546	1:16:16	LITTLE, Sallie		Women vet 45	07:37.6	429	548
547	1:16:16	COX, Romy		Senior Women	07:37.6	431	549
548	1:16:33	STAMFORD, John	Pitsea Running Club	Men Vet 40	07:39.3	40	550
549	1:17:08	GILLESPIE, Jane		Senior Women	07:42.8	518	551
550	1:18:07	MCLEAN, Michael		Senior Men	07:48.7	234	552
551	1:18:29	GUYANAN, Val		Women vet 35	07:50.9	362	553
552	1:20:56	DALPHINIS, Morgan		Men Vet 50	08:05.6	901	554
553	1:22:57	HAMILTON, Tracey		Senior Women	08:17.7	342	555
554	1:22:59	SMITTOCK, Tony		Men Vet 60+	08:17.9	64	556
555	1:23:33	KOLLER, Samantha		Senior Women	08:21.3	446	557
556	1:23:36	HEGARTY, Samantha		Senior Women	08:21.6	478	558
557	1:23:39	MACK, Cathy		Senior Women	08:21.9	341	559
558	1:23:55	WILLIS, Michelle		Women vet 35	08:23.5	447	560
559	1:24:25	BENNING, Sarah		Women vet 35	08:26.5	441	561
560	1:24:25	EDGAR, Hazel		Senior Women	08:26.5	442	562
561	1:25:59	WOOLCOTT, Tina		Women vet 45	08:35.9	392	563
562	1:25:59	CURREY, Vanessa		Women vet 35	08:35.9	524	564
563	1:26:30	CERAULO, Ella		Senior Women	08:39.0	311	565
564	1:26:30	BEAVIS, Derek		Men Vet 60+	08:39.0	55	566
565	1:27:18	EDWARDS, Sarah		Women vet 35	08:43.8	395	567
566	1:27:18	BLYTHE, Candice		Senior Women	08:43.8	436	568
567	1:27:18	MCCLEAN, Jackie		Women vet 45	08:43.8	516	569
568	1:27:19	RUTLEY, Maxine		Women vet 45	08:43.9	517	570
569	1:41:47	HOLLAND, Georgina		Senior Women	10:10.7	430	571
570	1:45:35	LE BRUN, Julie		Women vet 35	10:33.5	549	572
571	1:45:35	JANE, Amanda		Women vet 35	10:33.5	399	573
572	1:52:06	HOLLAND, Victoria		Senior Women	11:12.6	508	574
573	1:52:06	HOLLAND, Elizabeth		Senior Women	11:12.6	432	575
574	1:52:34	FRENCH, Andrew		Men Vet 50	11:15.4	80	576
575	1:52:40	FRENCH, Patricia		Women vet 45	11:16.0	381	577

There were 575 finishers in the All Competitors category.

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