

# St Clare Hospice 10k Run Entry Form

## Sunday 1st April 2012

Sex (delete as appropriate)	Male/Female
Title	
Full name	
Address	
Town	
County	
Postcode	
Telephone number	
Email address	
Running club name	
Date of birth	
Age on 1 April 2012	
Where did you hear about the run?	

### Entry fees

Pre-race registration £10 for affiliated runners, £12 non-affiliated runners

On the day registration £13 for affiliated runners, £15 non-affiliated runners

**Cheques to be made payable to St Clare Hospice. Please do not post cash**

Entry fee £..... Donation\* (optional) £..... Total enclosed £.....

Please send completed forms and payment to:

10k Run 2012, St Clare Hospice, Hastingwood Road, Hastingwood, Essex, CM17 9JX

To pay by credit or debit card please register online at [www.stclarehospice.org.uk/10krun.html](http://www.stclarehospice.org.uk/10krun.html)

**By signing this form, you agree to accept and follow these following instructions issued by the Hospice.** *The organisers shall not be held responsible for accidents, injury, loss or damage to persons or property as a consequence of participation in the 10k Run on Sunday 1st April 2012. On the day of the run, you must be aged 15 years or above to take part. Refunds will not be given if you cannot attend; your entry fee will be treated as a donation to the charity. The race is on roads which are not closed to cars so take extra care whilst running. Please respect the countryside; do not disturb the wildlife and pick up your rubbish. Photographers will be present capturing photos to use in promotional publicity such as newsletters, newspapers and websites - please politely decline your photo being taken or the radio interview if you do not give your consent for it to be used.  Please tick this box if you would prefer not to receive mailings from St Clare Hospice in the future. This includes updates on future 10k run events.*

**Signature:**

**Date:**

**\*We can increase the value of your donation by 25% at no extra cost to you if you tick the declaration below:**

I would like St Clare Hospice to claim tax on all donations I have made in the previous 4 years and all future donations. Please note that to be eligible for Gift Aid you must pay an amount of income tax or capital gains tax at least equal to the tax we claim back on your donations (25p for every £1 you give). Please let us know if your circumstances change.

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 **Help us help others**